



WELCOME

from Adam McCain
WCQR GENERAL MANAGER & MORNING SHOW CO-HOST

Hi, on behalf of the team at WCQR I would like to welcome you to the 30 Day Challenge.

If you don't know, the Challenge is listening to nothing but Christian music on 88.3 WCQR for 30 days. It doesn't matter if you start on January 1st, on a Monday, or first thing in the morning – just start.

It is our hope that 30 days from now, your life will be different just by taking the 30 Day Challenge. We have seen how God has used Christian music in the countless stories we've heard from WCQR listeners, and we believe you will have a similar story as you listen and use this devotional daily for the next 30 days.

Let this be a fresh start for you in 2024. I pray you hear the word of God in the songs and in the devotional, and that you will experience the love of God and the Gospel more than you have before.

You are loved!
Adam McCain



RIGHT at RIGHT SONG the TIME

DAY 1

GRATITUDE
Brandon Lake

“So I throw up my hands and praise You again and again”

DAY 2

CORNERSTONE
Soby Mac & Zach Williams

“You’re the only one that I will build my life on; Through it all You remain”

DAY 3

FOR THE LOVE OF GOD
Andrew Ripp

“If it wasn’t for my failures and mistakes I would never know the depths of this grace”

DAY 4

HEAVEN CHANGES EVERYTHING
Big Daddy Weave

“The way I let go and choose to forgive; The peace in this pain, the hope in this grief”

DAY 5

YOUR LOVE
Blessing Offer

“When I’m lost, I’ll call your name to; Keep me right there in the middle of; Your love”

DAY 6

ANY MORE
Cain

“After the choices you made; You’re waiting for me to say, I couldn’t love you anymore”

DAY 7

THE KING IS ALIVE
Jordan Feliz

“The praises don’t stop, the devil’s been dropped; Got some good news coming straight from the top”

DAY 8

TRUST IN GOD
Elevation Worship

“I sought the Lord and He heard, and He answered”

DAY 9

LOVED BY YOU
Riley Clemmons

“it’s in your blood, it’s in your scars; How far you’d go to reach my heart; You call me chosen”

DAY 10

SOMEBODY TO YOU
Rachel Lampa

“You’re gonna keep on loving me for more than just the things that I do”

DAY 11

PRAISE THE LORD
Micah Tyler

“I remember when a long-lost sinner met a good, good God”

DAY 12

TO NOT WORSHIP YOU
MercyMe

“Conquered the grave To make all things new So, who am I, who am I To not worship You?”

DAY 13

HOLY FOREVER
Chris Tomlin

“Your name is the highest; Your name is the greatest; Your name stands above them all”

DAY 14

HALLELUJAH FEELING
Caleb & John

“I may bend but I’m not breaking; The Lord is on my side”

DAY 15

HOLD ON
Katy Nichole

“These days are gonna make you stronger; You’ll find purpose in the pain; Hold on just a little bit longer”

DAY 16

HALLELUJAH ANYWAY
Rend Collective

“I’ll find a way to thank You; Though the bitterness is real and hard”

DAY 17

BUT THE CROSS
Ben Fuller

“Cause His blood says you’re loved; Every lie is bound to leaven when there’s nothing you believe but the Cross”

DAY 18

MY LIGHT
Colton Dixon

“You will be my...My light where the sun don’t shine; Tellin’ me everything’s gonna be alright”

DAY 19

REST IN THE FATHER
Stephen Stanley

“Come back from the darkness, run home to the light; No matter the chaos, His arms are open wide”

DAY 20

I BELIEVE IT
Jon Reddick

“I believe in the life of Jesus; I believe that He conquered death; I believe in the resurrection”

DAY 21

RUNNING HOME
Cochren & Co.

“And when I see that smile on my Savior’s face; I won’t be walking, I’ll be running home”

DAY 22

THIS IS OUR GOD
Phil Wickham

“He bore the cross, beat the grave; Let Heaven and Earth proclaim; This is our God, King Jesus”

DAY 23

AIN’T NOBODY
Cody Carnes

“Yeah, I got a story; I can’t deny; I’m a living, breathing miracle; And I just gotta testify”

DAY 24

FIRST THINGS FIRST
Consumed By Fire

“I don’t wanna love what the world loves; I don’t wanna chase what the world does; I only want you”

DAY 25

THE LORD’S PRAYER
Matt Maher

“It’s Yours; All Yours, all Yours; The kingdom, the power, the glory are Yours”

DAY 26

GONNA BE ALRIGHT
Ryan Ellis

“You whisper truth over the lies; The words that bring me back to life”

DAY 27

MY STORY YOUR GLORY
Matthew West

“But I love the part where You showed up; Rewriting my past, rewriting my hurt; Line by line, word by word”

DAY 28

HEY GIRL
Anne Wilson

“I’m a blood bought, battle fought, all my shame long gone; Made new child of the King”

DAY 29

FEAR IS NOT MY FUTURE
Maverick City Music

“Goodbye, guilt; Goodbye, shame; Goodbye, pain; Goodbye grave ...”

DAY 30

GOODNESS OF GOD
Jenn Johnson

“All my days, I’ve been held in Your hands; From the moment that I wake up; Until I lay my head”

DAY

SONG

ARTIST

RIGHT at **RIGHT** *journal*
SONG the **TIME**

YOU LOVE THE SONGS YOU HEAR ON WCQR. THEY INSPIRE, ENCOURAGE, AND POINT YOU TO JESUS. DURING THE 30 DAY CHALLENGE, LET'S DIVE DEEPER INTO THE LYRICS AND THE MEANING BEHIND EACH SONG.

SONG *What key themes or specific words are speaking to me through this song?*

SCRIPTURE *What scripture do the lyrics, themes or words point to?*

APPLICATION *What is God saying to me today through this song?
How do I apply this song to my life?*

PRAYER

